VINTERTRÆNING

UGE 5 – UGE 14

MANDAG

KUNSTGRÆSBANE

Bane A

15.30-16.30 U8 Drenge
16.30-17.30 U12 Drenge
17.30-18.30 Damesenior
18.30-20.00 Senior

Bane B

16.30-17.30 U12 Drenge
17.30-18.30 U16 Piger
18.30-20.00 Senior

Bane C

16.45-17.45 U10 Drenge
17.30-18.30 U14 Piger
18.30-20.00 Senior

Minibane

17.00-17.30
Damesenior

MULTIHALLEN

17.00-17.30 U16 Piger/U14 Piger

VINTERTRÆNING

UGE 5 – UGE 14

TIRSDAG

KUNSTGRÆSBANE

Bane A

16.30-17.45 U14-15 Drenge
17.45-19.00 U17 Drenge
19.00-20.30 Senior
20.30-22.00 Holbæk United

Bane B

16.30-17.45 U14-15 Drenge
17.45-19.00 U17 Drenge
19.00-20.30 Senior
20.30-22.00 Holbæk United

Bane C

16.30-17.45 U11 Drenge
17.45-19.00 U13Drenge
19.00-20.30 Senior
20.30-22.00 Holbæk United

Minibane

MULTIHALLEN

16.30-17.30 U11 Drenge
17.30-18.30 U13 Drenge

VINTERTRÆNING

UGE 5 – UGE 14

ONSDAG

KUNSTGRÆSBANE

Bane A

15.30-16.30 U 8 Drenge
16.30-18.00 U12 Drenge
18.00-20.00 U16 Piger

Bane B

16.30-18.00 U12 Drenge
18.00-20.00 U14 Piger

Bane C

16.45-18.00 U10 Drenge
17.30-18.45 U9 Drenge
18.00-19.00 Dame Senior
19.00-20.00 Old Boys

Minibane

MULTIHALLEN

17.00-18.00 U10-12 Piger
18.00-19.15 Veteraner

VINTERTRÆNING

UGE 5 – UGE 14

TORSDAG

KUNSTGRÆSBANE

Bane A

16.30-17.45 U14-15 Drenge
17.45-19.00 U17 Drenge
19.00-20.30 Senior
20.30-22.00 Holbæk United

Bane B

16.30-17.45 U14-15 Drenge
17.45-19.00 U17 Drenge
19.00-20.30 Senior
20.30-22.00 Holbæk United

Bane C

16.30-17.45 U14-15 Drenge
17.45-19.00 U13Drenge
19.00-20.30 Senior
20.30-22.00 Holbæk United

Minibane

MULTIHALLEN

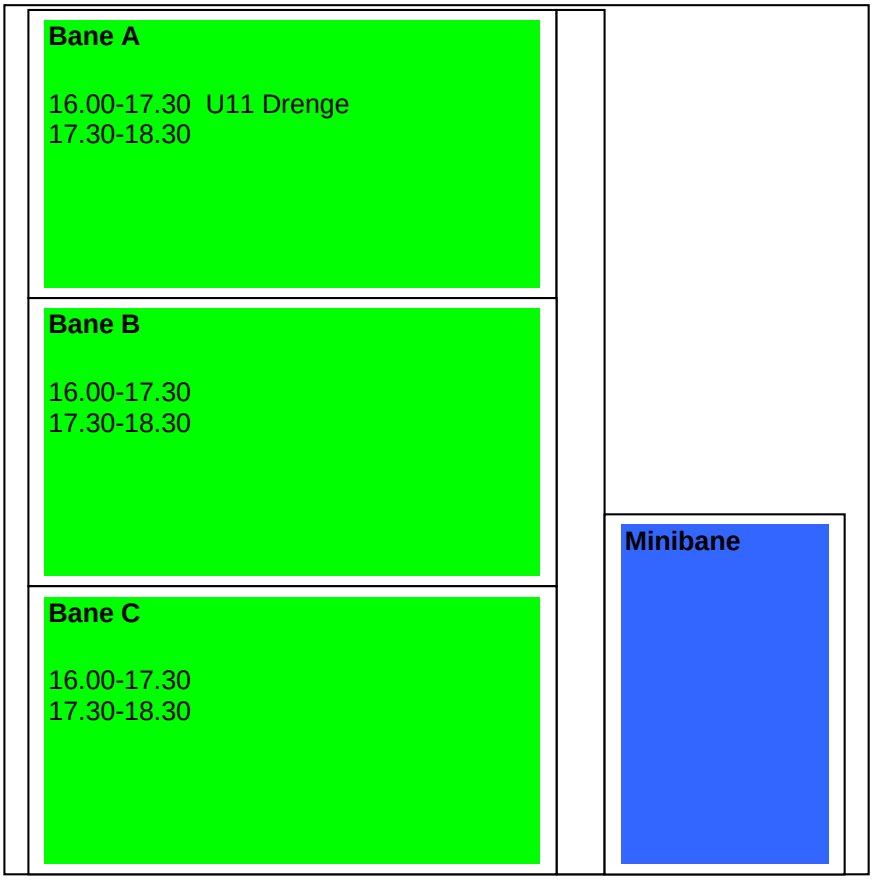
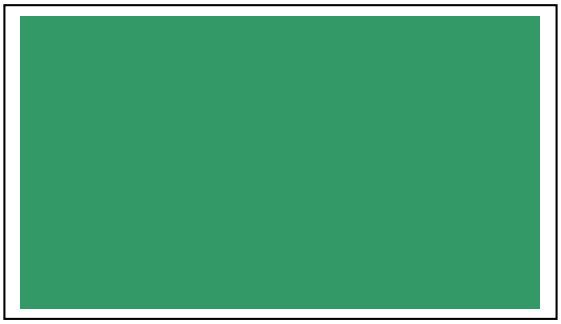
16.30-17.30 U11 Drenge
17.30-18.30 U13 Drenge

VINTERTRÆNING

UGE 5 – UGE 5

FREDAG

KUNSTGRÆSBANE



MULTIHALLEN